

STEM bulletin

Supporting STEM for all Local Authorities through advice, ideas and inspiration

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Python, pandas and physics pendulums

As is often the case, a coincidence of events, over a period of time, proved to be a stimulus to develop a new activity. The core of this article is about damped simple harmonic oscillation at Advanced Higher Physics but it is multidisciplinary in nature, incorporating elements of maths, computer science and data science.

The 'last straw' was an email containing a short, elegant piece of Python code whose output was a beautiful, simple, colour, Hertzsprung-Russell diagram. Python warranted further study.

A convenient reason proved to be the data collected from a simple pendulum experiment. A smart phone, running Pasco's free Sparkvue data logging software, was used as the pendulum bob recording the phone's y-axis accelerometer readings. The data is easy to collect and display but it was hoped that the activity could be extended to include an estimate of the 'damping factor' of the simple harmonic motion.

So why bother?

Firstly, the decay envelope in a simple harmonic motion gives us an insight into the exponential function and viscous damping.

Secondly it allows real-life, messy, big data to be easily collected and used to demonstrate how an AH Physics activity could be used to 'signpost' or give an insight into data science. Data science is becoming increasingly important in modern society. In the code we have used Python and Pandas in a Jupyter notebook through the Anaconda distribution to read a csv file into Python, replace an Excel table with a dataframe, analyse and reform the data and reuse sections of code. Many of these activities are components of the SQA SCQF level 8 unit Programming for Data J4YB35. Other SQA NPA data science units exist at levels 4, 5 and 6.

"The Anaconda Distribution for Students and Academics allows learners to quickly get started with a no-cost, easy-to-use Python package and environment manager for educational and research use". More details of the Anaconda package can be found here.

"Jupyter Notebook is a free, open-source web application for creating and sharing computational documents". More details about Jupyter can be found here. "Pandas is a fast, powerful, flexible and easy to use open source data analysis and manipulation tool, built on top of the Python programming language". Documentation for Pandas can be found here.

The full version of this article (which contains all the code used and a brief explanation of each block of code) and all the associated notebook and csv files are available for download from here.

At maximum displacement all the energy in the SHM system is potential energy. Any loss of energy from the system must lead to a reduction of peak amplitude.

Analysis of this data (about 500 rows and five columns) involved identifying the peaks and troughs of the waveform and had previously been carried out in Excel (see Figure 1). It should be noted that the data collected was real, that is to say it was imperfect and messy.

Whilst this was successful it required several 'manual' processes. Either filtering, copying to a new sheet or

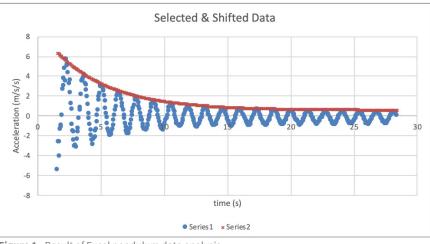


Figure 1 - Result of Excel pendulum data analysis.

shifting data by a value obtained from visual inspection. A brief description of the steps taken are shown below. The spreadsheet cell equations are included in the full downloadable, version.

In this example we assume that you have collected data in columns A, B & C in a sheet called 'in'. We will assume that column B contains the 'x' axis data and column C contains 'y 'axis data (column A contains a date/time group).

Step 1

'Top & Tail' your data.

Step 2

Calculate the difference between successive data points.

Step 3

Flag all 'turning points' i.e. where the peaks and troughs lie.

Step 4

Copy the flagged data and 'blank' the unflagged data.

Step 5

Copy and paste the flagged data to a new sheet.

Step 6

Copy the VALUES of columns A & B into columns C & D.

Step 7

Filter the contents of sheet1 i.e. deselect 'blanks' in col A leaving only those points 'flagged'.

Step 8

Move the filtered data to a third sheet.

Step 9

Shift the data until the upper envelope is just above the x axis.

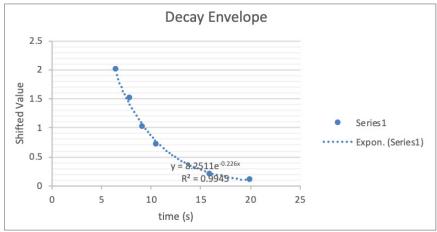


Figure 2 - Excel exponential fit to the data points after completion of step 11 below.

Step 10

Flag all positive values.

Step 11

Filter on this Flag and plot this filtered dataset and find the best exponential curve fit (see Figure 2).

Excel gave a best fit exponential curve of y = 8.2511 e-0.226x. A decay constant of -0.226.

Plotting the line with this equation (which is asymptotic to the x-axis) but shifted vertically to lie on the envelope of the original data resulted in Figure 1.

Could we do better and automate most of the process in Python? (Very much a first, novice attempt.)

In this article we use Jupyter notebook to run Python. For brevity in this abridged version, the code and the commentary on the code is not shown. Please download the full article for a full listing and commentary.

A plot of the raw data looks like in Figure 3.

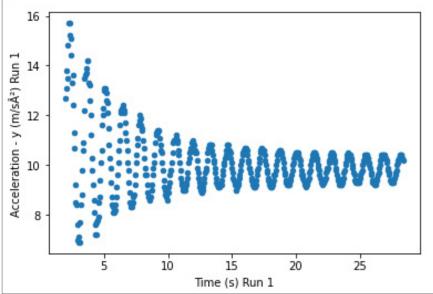
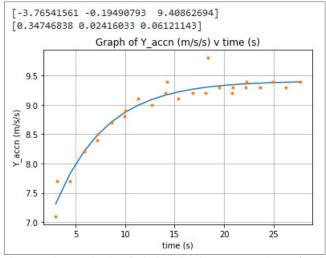


Figure 3 - Raw data plot.



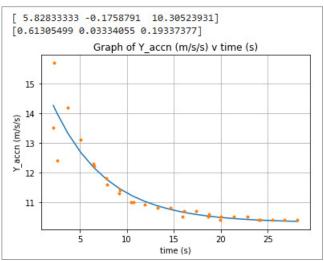


Figure 4 - The troughs identified, plotted and an exponential curve fitted.

Figure 5 - The peaks identified, plotted and an exponential curve fitted.

Using the Python code we identify the peaks and troughs and fit them to an exponential function and derive the constants (Figures 4 and 5).

The two envelope equations plotted alongside the original data is shown in Figure 6 below.

Can we recreate the original waveform from what we have learned about it? Using the equation

 $y = a \cos(\omega t + \phi)e^{-\frac{b}{2m}t} + c$

for damped simple harmonic motion where (for a mechanical spring system).

$$\omega = \sqrt{\omega_0^2 - \left(\frac{b}{2m}\right)^2}$$
 and the natural frequency, $\omega_0 = \sqrt{\frac{k}{m}}$

Y = y-axis value at time t, a = the oscillation amplitude, t = the time in seconds, b = coefficient of viscous damping, m = mass, Ø = phase angle and c = the vertical offset from the x-axis.

Setting $\emptyset = 0$, neglecting the second term in the equation for ω (as it is very small compared to ω_0^2) and assuming a symmetrical waveform can we create a facsimile of the original data?

The constants a and b/2m can be obtained from the curve fit algorithm. From the data in the graph we first calculate

$$\omega_0 = \frac{2\pi}{T}$$

To obtain T we take the mode value of the time interval between the turning points In(18). This gives us the period of the waveform.

Figures 7 and 8 on the next page show the recreated data and the exponential envelope lines of best fit.

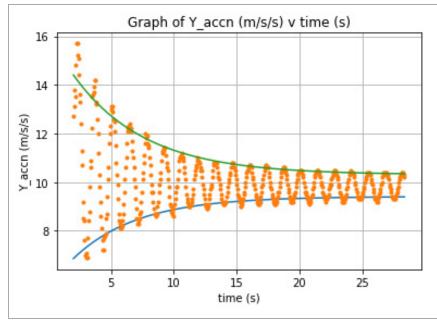


Figure 6 - The original data plotted with the two exponential lines of best envelope fit.

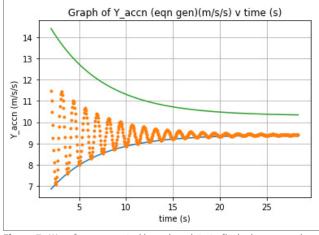


Figure 7 - Waveform recreated based on data to fit the lower envelope.

Will the process work with other data?

We set up a Pasco smart cart connected to a spring, on a slope. We collected and exported the data to a spreadsheet and read the spreadsheet into the above program.

By simply changing the name of the spreadsheet to be read, the name of the sheet to be written, which columns to discard and changing the column title references we obtained the following final output shown in Figure 9.

The numbers above represent the constants of the exponential line fitting the upper and lower curves respectively. Below each of the three constants is the python calculated standard error in each of the constants.

Thank you to Catalina Dobas, laser service engineer and python outreach ambassador at Photonic Solutions Ltd for verifying the code and formatting it in a professional, modular, functionbased way.

Please click here for her program. <<

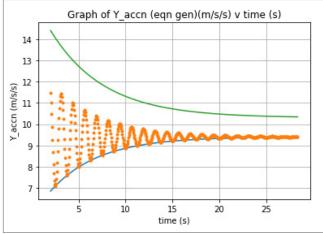


Figure 8 - Waveform recreated based on data to fit the upper envelope.

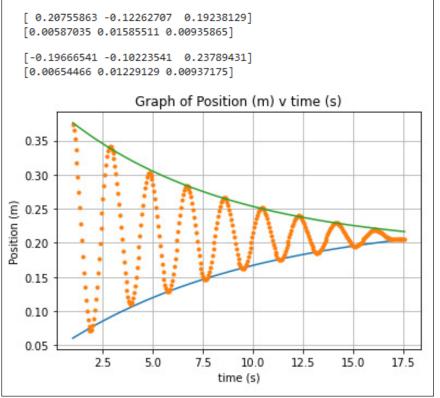


Figure 9 - Waveform recreated based on data to fit the upper envelope.

SSERC professional learning courses

We offer professional learning (PL) courses and events for teachers in both primary and secondary settings, school technicians, and other educators. Many of our PL offers are financially supported via ENTHUSE funding from STEM Learning or from the Scottish Government. Such funding for our courses helps towards covering course costs and allows us to provide delegates with resources to support learning and teaching back in their schools.

Courses available for online booking include:

COURSE NAME	RESIDENTIAL?	DATES	CLOSING DATE	SECTOR
*Safety in Microbiology for Schools	Face-to-face	25-27 April 2023	3 March 23	Secondary Technicians**
Using R in the STEM Classroom	Face-to-face	4 May 2023	17 March 23	Secondary Biology
*Welding Skills	Face-to-face	9-10 May 2023	17 March 23	Secondary Technology***
Safe Use of Fixed Workshop Machinery	Face-to-face	16-17 May 2023	21 April 23	Secondary Technicians**
*Welding Skills	Face-to-face	23-24 May 2023	31 March 23	Secondary Technology***
*Physics Teachers Summer School	Face-to-face	24-27 May 2023	21 April 23	Secondary Physics
Introductory Physics	Face-to-face	31 May – 1 June 23	28 April 23	Secondary Technicians
*Wood Turning	Face-to-face	5-6 June 2023	5 May 23	Secondary Technology***
*Chemistry Summer School	Face-to-face	15-16 June 2023	12 May 23	Secondary Chemistry
*Wood Turning	Face-to-face	12-13 June 2023	12 May 23	Secondary Technology***
*Biology Summer School	Face-to-face	20-22 June 2023	26 May 23	Secondary Biology***
*Wood Turning	Face-to-face	19-20 June 2023	26 May 23	Secondary Technology***

* This course attracts ENTHUSE funding which offsets the course fee.

** May also be suitable for secondary teachers.

*** May also be suitable for secondary technician.

Please check our website pages at https://www.sserc.org.uk/professional-learning/calendar/ for the most up-to-date details on our professional learning calendar.

Embracing outdoor learning

Scotland's "rich urban and rural environments" present enormous potential for delivering the Curriculum for Excellence in a meaningful way to engage young people in their learning, as outlined in Education Scotland's key document "Curriculum for excellence through outdoor learning" [1].

A wealth of research highlights the benefits of outdoor learning, from supporting young people's attainment, health and wellbeing, wider achievements and personal development [2]. Education Scotland's 2022 evaluation of "Structural barriers to STEM engagement" [3], carried out by Ekosgen, reports that learners "want their learning experience rooted in the real world" with an emphasis on Learning for Sustainability, climate education and outdoor learning. Meanwhile, the 2022 OECD PISA report "Are students ready to take on environmental challenges?" [4] states that while approximately half of students are "environmentally enthusiastic", there is a curriculumagency gap where being aware of the issues does not necessarily translate into meaningful action. The opening line of this report states, "Never before have the stakes been so high for the role of science education in shaping how people interact with

the environment". Embracing the outdoors as part of our learning and teaching practice is a fantastic way to respond to these findings and embed Learning for Sustainability, an entitlement for all learners and recognised within the GTCS Professional Standards and HGIOS.

Teacher Insight – Laura Campbell

Laura Campbell, a Teacher of Biology/Science, completed her probation year at Brae's High School in Falkirk and, during this time attended SSERC's Science Probationer Residential course as a delegate. Throughout the course, Laura spoke passionately about outdoor learning:

"We talk so much about Play Pedagogy in Primary and Early Years. But it stops in S1. Why? Learners behave differently outdoors – they play again and there is more freedom."

Learning about cells - using chalk to draw and label structures outside, taking photos with their ipads when finished.

Exploring biological processes, such as mitosis. Use a large space outside to "act it out".

Combine digital technology & outdoor learning ecology survey using ID apps & recording images on digital notebooks. Biology

> Using wireless microscopes on outside benches to analyse foraged plant samples from the school grounds.



Laura Campbell, Biology teacher.

As a Biology/Science teacher, Laura had delivered many of her own lessons outdoors and shared some of her favourite outdoor learning activities in Biology (Figure 1).

When learning outdoors, Laura noted changes in behaviour and attitudes among learners; they relaxed and those who were often unmotivated and disengaged started to participate more and enjoy the lesson. Learner voice (Figure 2) reinforced the positive correlation between outdoor learning and a sense of wellbeing [2].

Laura conducted a practitioner enquiry, during her probation year, on outdoor learning. She planned and delivered a whole-school outdoor learning day for the S1 cohort, with subject-specialists across the school adapting a "indoor" lesson for the outdoors. Measures were put in place to ensure the event was inclusive and could continue regardless of the weather on the day. Figure 3 summarises the variety of outdoor learning activities offered.

Figure 1 - Laura Campbell shares some of her favourite outdoor learning activities.

Laura has since taken up a full-time, permanent post at Rossie Young People's Trust, where she delivers the Forest School programme. This Scandinavian approach to learning highlights the importance of young people having regular contact with the outdoors providing opportunities to develop skills and knowledge through experiential learning in a woodland environment.

Six themes emerge from research of the positive impacts of Forest School on young people: confidence, social skills, language and communication, motivation and concentration, and knowledge and understanding [5].

Laura describes Forest School as "a holistic approach to education and aims to be child-led, allowing young people to develop their confidence and self-esteem whilst exploring an alternative environment". Young people can develop their practical skills such as working with tools and woodcraft but also their transferable skills such as communication and



Figure 2 - Learner voice – Outdoor Learning.

teamwork. At Rossie, the team deliver the Forest and Outdoor Learning Award, which allows young people to explore creative and practical activities in the forest, including den building, candle making and pizza making; the young people have even designed and built their own pizza oven (Figure 4 shows some of these learning activities). The young people at Rossie are currently involved in risk assessing, designing and building a treehouse treehouse with a swing and a rooftop garden.

Laura remarked "What's really nice about Forest School is that young people find it relaxing and enjoyable but there are also so many links

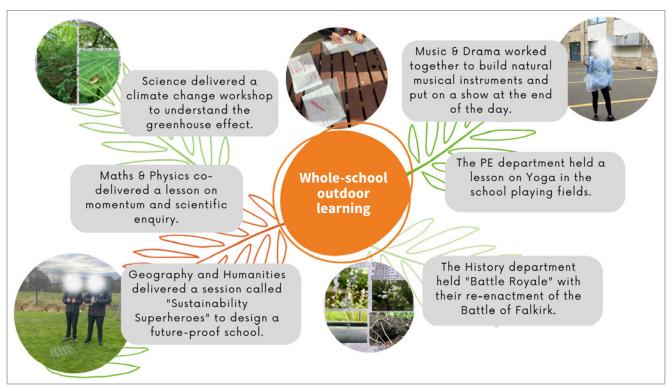


Figure 3 - Sessions delivered outdoors during a Brae's High School Outdoor Learning event in 2022.

to the Curriculum for Excellence, particularly to Science." Rossie are in the process of leading the building of the first secure Forest School site in the UK, which will allow young people in secure accommodation to access a Forest School education.

SSERC Biology Professional Learning

As we move forward as a team at SSERC, we are committed to supporting teachers and technicians with professional learning opportunities that embed outdoor learning and Learning for Sustainability. Our "Techniques for Senior Phase Biology" course in March and the Summer School programme have been reinvigorated to boost these learning activities. In May 2024, we aim to launch our first ecology-focused programme.

SSERC Biology Resources to support Outdoor Learning

A range of materials can be found on the Biology resources page of the SSERC website, including:

- A health and safety guidance document for fieldwork/ecology.
- Explore our World 3 comprehensive practical activities for outside.

Outdoor & Woodland Learning Scotland offers a range of downloadable resources via their website.



Figure 4 - Learning at Rossie Forest School.

References

- Education Scotland (2010), Curriculum for Excellence through Outdoor Learning, Education Scotland, ISBN 978-184399-180-9.
- [2] Education Scotland, Outdoor Learning: Practical guidance, ideas and support for teachers and practitioners in Scotland, Education Scotland.
- [3] Staiano, S., Weaver, R., Whitcomb, R. (2002), The Structural Barriers to STEM Engagement – Final Report for Education Scotland", Ekosgen. Available at https://education.gov.scot/media/co2dniov/ekosgen-structural-barriers-tostem-engagement-year-3-report-nov-2022_.pdf.
- [4] OECD (2022), Are Students Ready to Take on Environmental Challenges?, PISA, OECD Publishing, Paris, available at https://doi.org/10.1787/8abe655c-en.
- [5] O'Brien, L. (2007), Forest School and its impact on young people: Case studies in Britain, Urban Forestry & Urban Greening, 6:4, 249-265.

Leading the way in STEM

The current academic year has seen the launch of our Leadership in STEM Education professional learning course for both early years & primary and secondary cohorts. This course represents a significant addition to our list of professional learning offers for educators in Scotland, and the pilot year is proving to be a success.

This course is designed to offer a unique personal and professional development journey for our delegates and aims to offer something different from other leadership courses that are currently available. A particular USP is that whilst many aspiring Principal Teachers or Faculty Heads work with us, it's not just designed for them. Some of our delegates want to build their knowledge, skills and professional Aligned to the GTCS standards for abilities to develop experience as leaders of STEM in their respective centres. Promotion? Perhaps one day, but their main focus is to continue to be highly effective practitioners and leaders of STEM learning in their centre. course are listed below.



The six-unit course is a blend of online, face-to-face and independent research and study. Spanning around 160 hours, the course covers a broad range of professional learning topics. career-long professional learning and middle leadership means the content and learning is set at SCQF Level 11.

Some of the activities involved in this

Some of the six-unit course activities...

- **v** Developing academic writing skills and engaging with publications at Masters Level.
- **<u><u></u>** Exploring key current educational policies in STEM and measuring their</u> impact.
- Carrying out self-evaluation and improvement activities in their centre.
- Developing and understanding management and leadership skills, theory and practice.
- Analysing their own leadership skills and potential through the views of themselves and others.
- **Investigating the range of STEM engagement opportunities that exist in** Scotland and how they can impact and enhance the learner journey.
- Completing a professional enquiry on a key area relevant to their setting.

The delivery team at SSERC doesn't just support our delegates; each of them has the commitment from their Headteacher and In-school Coach to ensure they are given the time and opportunity to complete a range of research and leadership tasks back at their centre. Furthermore, the course is designed to bring as many external partners and agencies together as possible, all working together with SSERC to put the practitioner at the centre, encouraging them to see themself as the learner, with input from:

- GTCS
- Education Scotland
- Skills Development Scotland
- Strathclyde and Stirling Universities
- Experts and consultants in leadership and management strategies
- Organisations that support STEM education >>

STEM Education course is the latest in a series of professional learning opportunities supporting the education community in Scotland.

It means we have professional learning offerings to support (STEM) teachers at all stages of their education career, all recognised by the GTCS as supporting professional development." Alastair MacGregor, CEO – SSERC STEM course has really helped me to gain confidence in taking on leadership tasks and roles within the school. The connections and discussions we have are inspiring and have shaped my thinking of how I would like a department to look and work when I move into a promoted post."

'The Leadership in

Leadership in STEM Education course

"This Leadership course has been a fantastic opportunity to network with staff from across Scotland. It has also allowed an opportunity to consider my school's implementation of the STEM agenda. Through visiting speakers, online engagement, and group work with peers, I feel I have been given a great platform to improve my leadership skills and have gained invaluable advice." " Ine course has been extremely beneficial and has enhanced my knowledge of all areas of leadership. It has provided insight from experts in different areas, allowed valuable time to discuss with like-minded colleagues, and provided challenge to enhance my skills and knowledge."

Jodie McGeehan –

"This course is invaluable for any practitioners interested in leading STEM activities and providing further STEM opportunities in their centre. From exploring the National priorities in STEM to gaining valuable insight into your own leadership qualities, the content is well thought out and relevant, with delivery from excellent external speakers.

As an experienced Principal Teacher, I have benefitted enormously from all aspects of this course and would highly recommend this to anyone, no matter where they are on their Leadership journey." Amanda Mevicar - Doualos Academy

Next steps

SSERC is working with GTCS to gain Professional Accreditation for this course,



meaning that delegates who complete the course can be considered with the accomplished expertise they deserve. It is our hope that this course will continue to offer transformational learning for educators across Scotland in the early years, primary and secondary settings and whilst we will reflect on any changes and improvements we can make, with the valued feedback from our inaugural cohort, we will be ready to recruit for year two very soon.

Interested?

If you would like to know more about our Leadership in STEM Education course or are considering applying for a place for 2023/2024, please visit: https://www.sserc.org.uk/ professional-learning/secondaryclpl/leadership-in-stem/

Readying learners for a data-driven world

Why are data skills important?

Data skills are to the 21st Century what reading and writing were to the 20th. The digital technology revolution has put data at the core of many things, from personal privacy and public health, to running organisations and tackling the climate crisis.

As the coronavirus pandemic has so vividly shown us, a basic level of data literacy is critical for every citizen, even those who don't regularly work with data as part of their job. But as every industry becomes increasingly digitised and data-driven, from health care to agriculture, engineering, marketing, hospitality, sport, and even the arts, data skills are becoming more important than ever across the range of possible careers.

In Scotland alone, there are lots of companies using data in incredible ways to solve some of the world's most pressing problems. A few examples are: IGS, an Edinburghbased company using sensor data to develop smart systems for vertical farming, with the aim of tackling food shortage and climate change (Figure 1); Space Intelligence, who use satellite imaging data to work out the best places to plant carboncapturing forests; and Skyrora Design, a literal rocket science company that carefully monitors



Figure 1 - IGS are an Edinburgh-based company that uses sensor data to monitor and develop smart systems for vertical farming, with the aim of tackling food shortages and climate change.

data on the positions of satellites and space debris in order to safely launch their rockets into space.

The rapidly increasing demand for people with data skills in the workforce means that Scotland (and the whole UK) now faces a significant data skills gap. For this reason, it is imperative that learners are introduced to data skills in school.

What is data literacy and how can schools teach it in BGE?

Data literacy is the ability to ask questions, collect, analyse, interpret, and communicate stories about data (Figure 2). An enquiry based framework called PPDAC (Problem, Plan, Data, Analysis, Conclusion) is used to help structure learning. In choosing a problem to solve, it's helpful for learners to pursue something that is meaningful and motivating to them.

You might assume that teaching data skills would most naturally sit in the context of numeracy, but teachers are very likely already teaching aspects of data literacy in other subjects, such as maths, social sciences, geography, modern studies, environmental science,



Figure 2 -Telling stories with data. (Image source: @kdnuggets)

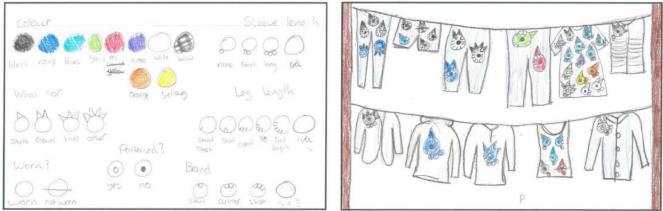


Figure 3 - An interdisciplinary activity that brings together art and personal data in a beautiful and gentle way. This resource can be freely downloaded from https://dataschools.education/resource/dear-data-6-lessons/.

physical and life sciences, and computing science. Moreover, the opportunity to *apply* data skills exists in almost every subject in the Scottish curriculum. For example, learners in Physical Education could analyse their step counts and activity levels and work out where they're most stationary or active in school. In Music, learners could create compositions using data sonification with http://musicalgorithms.org/3.2/, where different sounds or notes are played with different values of a dataset. Or in Geography, the Census data could be studied to learn more about your neighbourhood using datashine.org.uk, or find out how many accidents have happened on the roads outside your school using crashmap.co.uk.

The Data Education in Schools team have developed a range of free, highquality, engaging interdisciplinary resources that support teachers to help enhance (or recognise) their data literacy teaching in the context of the curriculum. This growing library of teaching resources and professional learning videos is searchable by theme, level and area, and can be found at https:// dataschools.education/dataeducation-resources/ (see Figure 3).

The NPA Data Science

For senior Secondary learners, there now exists a new National Progression Award in Data Science (Levels 4, 5, 6), which is possibly the world's first data science qualification designed specifically for school learners! See Figure 4.

A National Progression Award is designed to provide learners with the knowledge and skills needed to progress to further learning or employment. NPAs focus on specific areas such as cyber security, computer programming and data science. NPAs are nationally recognised qualifications that deliver real-world skills. At Level 4 (National 4) the qualification will take 80 hours to deliver. At Level 5 (National 5) and Level 6 (Higher) the qualification will take 120 hours to deliver.

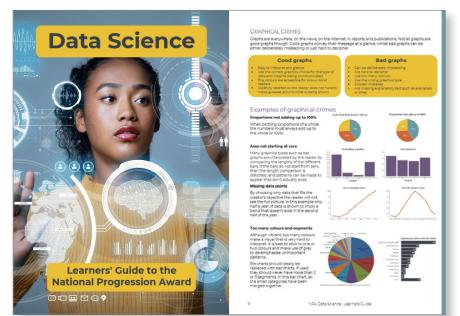


Figure 4 - Excerpts from the Learners' Guide to the NPA Data Science.

The qualification covers data literacy, data citizenship, data ethics, data analysis, statistics, and, optionally, computer programming. Learners will find out what data science is used for, the principles behind it, and gain practical skills in analysing large datasets. They will be able to apply these skills in their personal lives, at university and in employment.

The qualification is designed to be accessible to every learner, and teachable by every teacher. A range of support materials are available for teachers and learners. There's a Learner's Guide, which covers the contents of most of the qualification, and an Educator's Guide to help teachers prepare for and deliver the qualification. Both can be found at https://dataschools. education/about-data-literacy/ npa-data-science/. There's also a range of lessons and assessments available for most of the units within the qualification (http://learn-data. science/).

If you would like further support to engage with data science in your classroom, Data Education in Schools are offering a number of professional learning courses in 2023. They will also be running a free four-day course with dates across



February through May, on teaching data science in the secondary classroom, including the NPA Data Science. In partnership with SSERC, they are offering a one-day course data science in the secondary classroom (**8th June 2023**), check the SSERC website for further details.

About Data Education in Schools

Data Education in Schools is developing an interdisciplinary data education curriculum for Scotland and a set of engaging real world data science teaching materials for primary and secondary school teachers. The team brings together academics, qualified teachers and STEM professionals with expertise from industry and local government. The Data Education in Schools project is part of the Edinburgh and South East Scotland City Region Deal Skills Programme, funded by the Scottish Government.

If you would like more information, or a free poster for your classroom highlighting examples of data careers spanning a range of sectors, send an email to dataschools@ed.ac.uk.



www.dataschools.education

Technology professional learning

Here at SSERC technology we have developed several hands-on practical courses to assist technology teachers, technicians, and other support staff to develop and enhance their engineering, woodworking, and Computer Aided Design (CAD)/Computer Aided Manufacture (CAM) skills.

These courses have been developed in a modular fashion that allows focus on specific core areas and develop key practical skills. These skills will prove useful in the successful delivery of metalworking/ woodworking craft activities, design activities and teaching aspects of SQA based courses such as National qualifications.

An outline of these courses is given below. However, it should be noted that the offering is continually growing and further are planned. If any further information on any of courses is required, then please do not hesitate to contact the Technology team at duncan.lamb@sserc.scot.

Engineering bench skills

Engineering bench skills is a 2-day course which involves using a range of basic metalwork hand tools and equipment. It is ideally suited to individuals with limited metal working experience or those wishing to refresh their knowledge.

The course is delivered through participating in a range of practical tasks to build confidence and skill



Bench skills.

level. At least one project and a range of demonstration pieces be completed with all practical work being fully supported by demonstrations and presentations to cover theory of correct tool selection, use and care.

What's covered at a glance

- Work with a range of basic metalwork hand tools.
- Preparing and properly marking out metal.
- Cutting metal using the most appropriate method.
- Shaping and finish metal.
- Setting up and performing drilling operations safely.
- Develop skills and knowledge of safe working practices.



Fabrication skills.

Fabrication skills

Fabrication skills allows technicians and teachers to gain confidence and skills in using equipment such as folding machines, guillotines, and spot welders. At least one finished project and a range of demonstration pieces will be completed which will develop skills in marking out, cutting, shaping, and forming sheet metal artefacts in a safe manner. Practical work will be supported by demonstrations and presentations covering the theory of correct tool selection, use and care.

What is covered at a glance

- Work with a range of basic sheet metalwork hand tools.
- Preparing and properly marking out sheet metal.
- Cutting sheet metal using guillotine and notcher equipment.
- Forming sheet metal using benders and rollers into various shapes.
- Setting up and performing spot welding operations safely.
- Develop skills and knowledge of safe working practices.



Centre lathe turning

Centre lathe turning

This course aims to develop your knowledge and understanding of the functions, machining operations and safe use of centre lathes. This course will allow teaching and support staff to implement lathe turning projects successfully and safely into the curriculum and/or deliver SQA based coursework.

This is a two-day course which will take place in an engineering workshop environment and will involve setting up and using several types of tooling to perform facing, taper, parallel, knurling, threading, drilling, and parting processes.

All aspects of machine parts, functions and safe use will be covered. Practical work will be supported by demonstrations from professionals and key presentations will cover the theory and safety aspects. One-to-one guidance when performing machining operation will also be provided.

What is covered at a glance

- Safety precautions for the safe operation of the centre lathe.
- How to set tools and prepare the centre lathe for safe use.
- How to operate the centre lathe to carry out the following basic functions safely – facing off, parallel turning, taper turning, drilling, threading, turning between centre's, parting, knurling, boring
- Understanding tool grinding angles and cutting speeds.
- Understanding work holding methods.

Hot & cold metal forming

The hot & cold metal forming twoday course looks at how to safely set up equipment used in forging processes. It will also develop knowledge of various cold metal forming techniques, Personal Protective Equipment requirements and specific educational Health & Safety regulations regarding forges.

A full 2 days are spent in our workshop using the forge, associated equipment and the "Metalcraft" range of tooling. Many forging techniques will be covered and at least two projects will be completed with several practice pieces also being produced.

What is covered at a glance

- Risks and hazards associated with forging and using cold rolling equipment.
- Appropriate PPE (Personal Protective Equipment) for forging.
- A range of forging techniques to produce metal-based artefacts.
- Use cold rolling formers/benders.
- Develop skills and knowledge of safe working practices.

Welding skills

This two-day course will involve learning how to safely set up and use MIG, Arc and spot-welding equipment and their associated tools. It will also develop knowledge of various welding techniques, PPE requirements and specific educational Health & Safety regulations.

No prior experience of welding is required, and each participant will spend 2 full days in our workshop using the welding equipment to complete a range of basic welding tasks. Using various welding



Hot & cold metal forming.



Welding skills.

techniques and joining methods. All practical work is supported by demonstrations and one-to-one tutoring.

What is covered at a glance

- Dangers of fumes, gases, and radiation when welding.
- Correct PPE for welding.
- Use welding equipment safely
 Setting up are (MIC welding
- Setting up arc/MIG welding machines correctly.
- Commonly used welding joints i.e., T, Butt, and Lap joints.
- Safety implications of poor weld quality.
- Testing of completed welds.
- Develop skills and knowledge of safe working practices.

Woodturning

Our two-day woodturning course aims to develop your knowledge and understanding of the functions, machining operations and safe use of woodturning machines. It involves using several different turning tools to practice and hone wood turning techniques. All aspects of machine parts, functions, work holding methods and safe use are covered. Practical work will be supported by demonstrations from professionals and key presentations will cover the theory and safety aspects.

One-to-one guidance when performing turning operations is also provided and each participant will produce a variety of small, finished projects.

What is covered at a glance

- Component parts and functions of woodturning lathes.
- Work with a range of basic woodturning tools.
- Prepare and set up material in the lathe for turning between centres.
- Prepare and setup material in the lathe for faceplate turning.
- Shaping and finishing material.
- Develop skills and knowledge of safe working practices.



Woodturning.



Technology makerspace.

Technology makerspace

Our technology makerspace course has been developed specifically for technology teachers and technicians who wish to learn and develop skills in the following areas; laser cutting, 3D Printing, sublimation printing and vinyl cutting. These skills are essential for anyone wishing to introduce some of these newer technologies into the classroom.

Two days are spent looking at how to set up and use laser cutters, 3D printers, vinyl cutters and sublimation printing equipment. It will also look at ways in which this equipment could be used within the classroom and specific educational Health & Safety regulations.

No prior experience is necessary with any of the outlined equipment and each participant will produce several personalised projects at each using basic software, setting up the equipment and looking at how to maintain them for efficient use. All practical work is supported by demonstrations, group work and one-to-one tutoring.

What is covered at a glance

- Laser cutters, 3D printers, Sublimation printers and vinyl cutters.
- Risks and hazards associated with such equipment.
- Types of software used and how to set up equipment for cutting/ printing.
- Calibrating and maintaining equipment

Technology probationers residential

This is a two-day residential course based at SSERC HQ to support probationer teachers in Technology to deliver safe, high quality, handson practical STEM learning in the workshop. There is coverage across a range of technology curriculum organisers allowing individuals to develop their skills in and out of their subject specialism.

The programme offers an excellent way of keeping up to date with developments in your subject area. The residential aspect of the course offers a great networking and peer engagement aspect for delegates, creating opportunities to build new working relationships with other probationer teachers across the range of schools and local authorities in Scotland.

The course is aligned to the GTCS Standards for Full Registration and the National Model for Professional Learning.

What is covered at a glance

- A range of basic skills in woodworking, metalworking, machining processes and 'new' technologies such as 3D printing and laser cutting.
- Health and safety and relevant safety measures within the technology workshop.
- A variety of teaching strategies to promote learning in technology including demonstrations, exploration of new concepts, skills, materials, and the use of real-life applications to design, problem solve and create.
- Network with fellow professionals and explore mechanisms for ongoing support.



Technology probationers residential.



Safe use of fixed workshop machinery.

- Understand the range of opportunities within the wider STEM engagement portfolio which SSERC offers.
- Evaluate their own professional learning and its impact on learners.

Safe use of fixed workshop machinery (2 SCQF points, Level 5)

Safe use of fixed workshop machinery is a two-day SCQF credit and levelled course that looks to develop safe use practices on bandsaws, circular saws, and planer thicknessers. It also covers procedures for carrying out associated tasks such as blade changing and the inspection and cleaning of dust extraction systems. The course is suitable for individuals who have completed a craft apprenticeship or have previous training/experience in using the equipment.

As outlined by the HSE (Health and Safety Executive), training should be refreshed every 3 to 5 years. As such a one-day refresher course is available to those who have attended the SSERC two-day course previously within this period.

What is covered at a glance

- Safe working practices of bandsaws, circular saws, and planer thicknessers.
- Blade changing procedures.

SSERC Technicians courses



Maintenance of fixed workshop machinery and tools.

- Important of dust extraction.
- Correct PPE to use.
- Hazards and risks associated with each machine.
- Brief outline of PUWER (Provision and Use of Work Equipment Regulations).

Maintenance of fixed workshop machinery and tools (3 SCQF points, Level 6)

This is a three-day SCOF credit and levelled course designed to develop knowledge and skills in the safe methods of implementing a maintenance programme for hand tools, power tools, fixed machines, dust extraction and emergency stop systems. It looks at a complete range of technology related machinery and how to perform and record preventative maintenance checks. This course is usually only suitable for individuals who have previous experience in using/maintaining a range of wood and metalworking machinery.

What is covered at a glance

- How to implement a maintenance programme for hand tools and machinery in technical department workshops.
- Outline of PUWER regulations.
- Blade changing, abrasive belts and other common tool changing procedures.

https://www.sserc.org.uk/professional-learning/technicians-pl/ https://www.sserc.org.uk/professional-learning/secondary-clpl/technology-clpl/

STEM Engagement round-up

SSERC offers a wide range of STEM engagement and enrichment programmes to further increase access to, and participation in STEM, well beyond the classroom setting. Our STEM engagement portfolio offers educators, young people, and partners in industry the opportunity to collaborate and create learning activities and opportunities in STEM for children, young people and adults in Scotland.

With so much activity going on within STEM engagement at SSERC, the team has taken the opportunity to give a comprehensive round-up of all our programmes. If anyone out there would like to hear more or get involved, please contact us. Our opportunities are continually accessible and there are often new activities being created so there's always the chance to get involved.



PARTNERSHIPS

SSERC EIPs bring partners in industry together with education settings, enabling groups of early years, primary/secondary schools and colleges to improve young people's engagement in STEM.

Leidos and SSERC STEM Challenge

Six schools in the Greater Glasgow area are working with mentor STEM Ambassadors at Leidos to solve a challenge in STEM. From

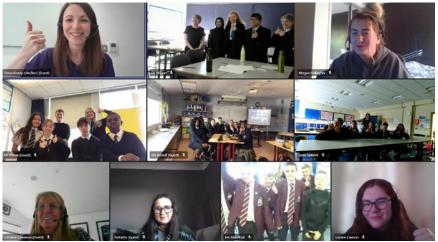


Figure 1 - Leidos STEM Challenge online launch event.

redesigning their school for the future, to planning a new year party in Antarctica, the schools and their teams are really having to utilise their creativity alongside their STEM skills to provide a solution. The showcase event will take place in June 2023 (Figures 1 and 2).

Neptune Energy Challenge

Peterhead and Mackie Academies in Aberdeenshire have been set the challenge by the STEM Ambassadors of Neptune Energy to repurpose an existing fossil fuel power station to become a cleaner and greener energy source. The teams are working on their solutions whilst being mentored by the Neptune team. The final showcase of their solutions will take place in Neptune HQ in Aberdeen City in March 2023 (Figure 3).



Figure 2 - The Teacher Launch at Leidos HQ.



Figure 3 - Neptune Energy Challenge launch event.

Ocean Winds EIP

Oceans Winds is working in partnership with SSERC to support several STEM programmes and encourage young people to follow a STEM related career. Their cohort of STEM Ambassadors have taken part in a Big Number Natter to support National Numeracy Day, created careers videos to showcase what they do in the offshore wind industry, volunteered for careers events through Developing the Young Workforce and been interviewed by students competing in TechFest's STEMNext Essay Competition. Ocean Winds has enabled schools in Morav and Aberdeenshire to receive robot kit and participate in the FIRST® LEGO[®] League Challenge, with many teams going on to compete in the Grampian Regional Final in Fraserburgh. For 2023, Ocean Winds is funding the development of the new Young STEM Leader YSL7 Award and the pilot for this will start in June 23 with full roll out across Scotland in August 2024.

As well as the above, Ocean Winds has made a great impact on professional learning (PL) at SSERC. Each year, we deliver a two-day PL event for teachers of Environmental Science; helping them to deliver hands-on practical learning experiences for their learners across N5 and Higher levels. Ocean Winds has shown incredible support and generosity by providing every delegate on the course with their own model wind turbine kit to take back to their school and run a "We have been using our turbine kit with Nat 5 Environmental Science, Nat 5 Geography and our Earth Science academy for demonstrations, experiments and as a guide for students to make their own. It also sparks ideas for land uses and land use conflicts. We have conducted experiments on the number, and best angle of blades, while researching career opportunities and requirements for DYW. It's one of the students' favourite activities!"

Gary – Teacher at Larbert High

series of activities, experiments and investigations. SSERC has worked with the team at Ocean Winds to align all of this work to the Scottish curriculum and learners can use this resource across a range of CfE levels and key areas.

Enthuse Partnerships

ENTHUSE Partnerships empower schools, colleges and employers to share practice and work collaboratively

aiming to help young people achieve increased attainment, interest and understanding in STEM.

Bucksburn and Dyce learning communities in Aberdeen

The focus in this partnership was to build a consistent approach to maths and numeracy learning and teaching via a series of professional learning events for teaching staff in the primary and secondary schools in both clusters. The partnership has now been completed but SSERC continues to work with the clusters to plan for legacy impact, and we hope to create lasting professional learning offers in 2023 and beyond. This partnership was the joint winner of Enthuse Partnership of the Year for Scotland back in 2022 (see Figure 4).

Shawlands, Cumbernauld and St Mungo's Academies, Brannock and Barrhead High Schools in the West of Scotland

Staff and learners in these five secondary schools worked with Jacobs, going on a journey of enhanced career-based learning, finding out the many STEM-linked opportunities and pathways that exist beyond school. As the learning took place, young people in these schools were challenged to design a solution for a new spaceport, wind farm or festival in Scotland; bringing in all aspects of STEM that would be required to successfully create, manage and complete the project. As with many of our partners, STE(A)M Ambassadors of Jacobs played a vital role in supporting, mentoring, and inspiring the school teams. This partnership was the joint winner of Enthuse Partnership of the Year for Scotland back in 2022 (see Figure 5).



Figure 4 - Bucksburn and Dyce learning communities - joint winner of Enthuse Partnership of the Year for Scotland back in 2022.



Figure 5 - Joint winner of Enthuse Partnership of the Year for Scotland back in 2022.



Spectris Tayside

This two-year partnership is focussing on digital technology in year one within the primary school setting and launched in the autumn of 2022. Two schools from Dundee City Council along with four schools in Angus, are working with SSERC to build resources and skills to bring robotics and technology into the classroom, allowing young people to go on and lead learning in this area. Dundee Science Centre is also supporting our partnership (Figure 6).



Figure 6 - Professional learning event at Dundee Science Centre with SSERC staff and partnership school leads.



Aramco Northeast

This two-year partnership focuses on Engineering, Physics, Construction and Design for year one, and is aimed at the primary school setting. Launched in the autumn of 2022, fifteen schools across Aberdeen City and Aberdeenshire are working with SSERC to build resources and skills to deliver STEM Challenges in the classroom, allowing young people to go on and lead learning in this area. Aberdeen Science Centre is also supporting our partnership (Figure 7).

Intergen

This partnership launched in late 2022 and focusses on numeracy in the senior phase of secondary schools. Teachers of STEM in secondary settings will work with STEM Ambassadors and other experienced educators to create a practical-based professional learning course that can be delivered to the wider STEM teaching community in Scotland. The newly created writing team is also being supported by STEM Learning and SQA with a twoday planning and writing event.

InterGen





Figure 7 - Professional learning event at Aberdeen Science Centre with SSERC staff and partnership school leads.

to apply for medicine, but now I know other

options are just as exciting"

placement at Beatson Institute for Cancer Research



Nuffield Research Placements Programme

Nuffield Research Placements (NRP) are a fantastic opportunity for S5 learners from disadvantaged backgrounds to take part in a twoweek hands-on research placement with a STEM employer.

SSERC began coordinating the NRP Programme in Scotland in 2022. Last year we arranged 91 placements across Scotland on a huge variety of topics from cell biology to aerospace engineering!

Our coordination effort has already begun for 2023 where we aim to have another exciting set of placements

available to learners wherever they are and whatever they are interested in.

Young STEM Leader Programme

The Young STEM Leader Programme gives young people the chance to inspire, lead and mentor their peers through the creation and delivery of STEM activities and events within their schools, communities or youth groups. Over 12,000 young people across Scotland are taking part. You can deliver the programme in your centre by attending one of our two-hour online training sessions to become a fully certified Young STEM Leader Tutor Assessor.

Find out more about the programme at www.youngstemleader.scot

Institute of Physics YSLP Grants Get some funding for your YSLP activities!

The Institute of Physics YSLP Grant is an exciting opportunity for YSLs who are planning to complete an activity. event or interaction with physics as a theme.

IOP are awarding £100 to be spent on resources or equipment to support the delivery of YSLP activities. Funding is available for any YSLP delivering centre in schools, community groups or other settings, and can cover a wide range of topics linked to physics. Centres have used funding to support learning around forces, space, materials, climate change and more.

Previous examples of funded projects include:

- YSLs at Ross High School in Tranent led bottle rocket and mentos and coke activities with feeder primaries (Figure 8).
- Senior learners at Balwearie High School in Kirkcaldy led pop rocket and make a Mars Rover activities with their STEM club (Figure 9). >>>



Figure 8 - YSLs at Ross High School in Tranent led bottle rocket and mentos and coke activities with feeder primaries.



Figure 9 - Senior pupils at Balwearie High School in Kirkcaldy led pop rocket and make a Mars Rover activities with their STEM club.

• Peebles High School YSLs bought Strawbees building kits with their grant and ran experiments making catapults and changing different variables to see the effects on launches (Figure 10).

Find out more about the IOP Grant and apply at youngstemleader.scot/ physics-awards

STEM Ambassadors in Scotland

STEM Ambassadors are volunteers from a wide range of STEM industries and backgrounds who are passionate about sharing their knowledge and experience with young people. Our free programme connects these volunteers with schools to provide valuable resources, training, and events that can help to inspire and engage students in STEM subjects.

The STEM Ambassador Hub can provide training and support for schools to help them make the most of the STEM Ambassador Programme. The hub also runs events at key points throughout the year for classes to get involved with, such as online book readings, careers talks and competitions.

In addition to the above, the STEM Ambassador programme also provides a resource lending library where schools can borrow STEM kits for free and have them delivered to their school.

Get started by registering as an educator at www.stem.org.uk/ stem-ambassadors



Figure 10 - Peebles High School YSLs bought Strawbees building kits with their grant and ran experiments making catapults and changing different variables to see the effects on launches.

Resource Hub

To discover the resources we have available and information on how to borrow them visit our website.

Big Seaweed Search & Beach Watch Marine Litter Survey Training When: 23 May 2023, from 18.00

Where: Cramond Beach, Edinburgh

This is a training opportunity for educators and STEM Ambassadors with the Marine Conservation Society to learn more about seaweed and citizen science projects. Register here.

Training and events

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Find more training and events on our website: https://www.stemambassadors.scot/events



STEM AMBASSADORS IN SCOTLAND

You can contact us

Dissections & abattoirs

Recently, SSERC received an enquiry from a teacher who had visited their local abattoir to collect hearts and lungs for dissection back in the classroom. The abattoir requested that a form from Food Standard Scotland was completed prior to dispatching any materials.

Having researched this, SSERC can now provide updated guidance to schools who wish to obtain animal byproducts (ABPs) from abattoirs/slaughterhouses in Scotland. The guidance does not extend to materials obtained from butchers or other commercial premises, e.g. supermarkets.

Legislation

This guidance reflects legislation outlined by the EU Animal By-Product Regulation (2009), which is implemented in Scotland by the Animal By-Products (Enforcement) (Scotland) Regulations 2013. The Animal and Plant Health Agency (APHA) is responsible for inspecting animal by-product operators in Scotland, which includes abattoirs/slaughterhouses.

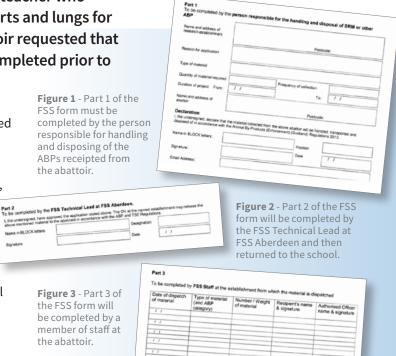
Category of Animal By-Products

Animal by-products are defined as the entire bodies or parts of animals which are not intended for human consumption. ABPs can be one of three categories based on the risks they pose. **Category 3 ABPs**, which includes carcasses or body parts from a slaughterhouse, passed fit for humans to eat, but have been withdrawn, are classed as **low risk**. These will be the materials provided for dissection purposes in schools.

You do not need to register with the APHA to use Category 3 ABP samples for education, e.g. at a school, college or university. However, Food Standards Scotland (FSS) require completion of a specific form [1]. This allows abattoirs to track disposal of ABPs; schools, following dispatch from the abattoir, take responsibility for the appropriate disposal of the ABPs.

Disposal of Category 3 ABPs

Providing the school is disposing of less than 20 kg of ABPs per week, the material can be double-bagged and put out to landfill bins to prevent environmental contamination risks. There is no need to register with APHA; however, a record of the type and approximate mass of ABP sent to landfill each week should be kept. This is a weekly limit; not an average limit over a number of weeks.



Completion of the Food Standard Scotland Form

The form can be downloaded from the SSERC website (or see references section) and Part 1 of the form (see Figure 1) should be completed by an appropriate member of staff. A "project" must be described, outlining the quantity of material required, the frequency of collection and the duration of the project. Once completed, the form must be emailed to Approvals@fss.scot (or posted to FSS, 4th Floor, Pilgrim House, Old Ford Road, Aberdeen, AB11 5RL).

Once the form is received by FSS, the technical lead at FSS Aberdeen will complete Part 2 of the form (Figure 2), return a completed copy to yourself, and retain a copy for one year.

The completed form should be taken to the abattoir when collecting ABPs. A member of FSS staff at the abattoir will complete Part 3 of the form (see Figure 3), detailing the date of dispatch, type of material and ABP category, number/mass of material, recipient's name and signature and their own name as the authorising officer.

References

[1] Food Standard Scotland, "Dispatch of SRM or any other ABP for exhibition, teaching, scientific research, special studies or analysis" form. Available here for download.

Working with radioactive sources - training

In bulletin 275 we looked at the importance of radiation risk assessments and the support available from SSERC for putting these in place. We also touched on the fact that risk assessments are only effective if the control measures identified within them are communicated clearly to users. One way of doing this is through providing operating procedures which accompany the radioactive sources and there are examples of these on our website available by logging in and visiting the ionising radiation pages (Figure 1) of our health and safety section [1].

Another vitally important way of doing this is of course through training. It is a legal requirement that anyone working with radioactive sources receives training first and that the training is recorded and also that the training is refreshed at appropriate intervals.

Training needs to cover safe handling, record keeping, leak testing, storage and security, dose minimisation, risk assessment, incident and contingency plans, PPE (where appropriate), and working with sources whilst pregnant/ breastfeeding.

Training could be:

- Attending a SSERC course (Figure 2) - up and coming courses are advertised on the health and safety professional learning page of our website [2].
- Inhouse training provided by a competent member of staff.
- Study of the SSERC safety poster and relevant parts of the SSERC document "Working with radioactive materials in schools" [1].

Figure 2 - A delegate getting practical experience of working with sources on a recent SSERC training course.



Figure 1 - Ionising Radiation web page.

Your employer decides what format of training they require so please also check what their policy is over and above this.

This training must be refreshed/updated at appropriate intervals. Your employer should specify the interval. During recent school inspections, HSE have been recommending refresher training after 3 - 5 years. As a minimum, we suggest at least one person from a school which holds radioactive sources attends a SSERC training course (either the face to face or online version) every 5 years, after this they can then provide inhouse training/ refresher training to other staff members. Also, every member of staff who works with the radioactive sources should familiarise themselves with SSERC guidance on an annual basis. It should be noted that whilst it is desirable to attend a SSERC course if possible, anyone with a physics or chemistry degree should have had sufficient training during their degree to be able to self-study SSERC guidance and be the person who then delivers in house training. This is an option (depending on your employer's policy) if attending a SSERC course is difficult. >>

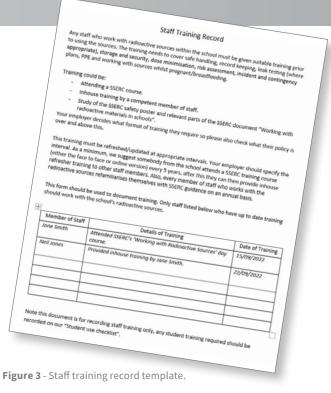
Health & Safety

Both initial and refresher training needs to be documented. It may be that your employer already has a system in place for recording employee training. If this is the case, ensure it is kept updated (including in-house training) and store a copy along with your other records for your radioactive sources. Otherwise, we have produced a very simple template (Figure 3) you can use to create your own record documenting staff training. An editable version of this can be downloaded from the ionising radiation pages (Figure 4) of our website [1]. Only staff who have recorded, up to date training should work with a school's radioactive sources.

The requirement to provide and record training applies not only to members of staff but also to learners, in the very restricted cases where learners can work directly with radioactive sources. We have produced a checklist (Figure 5) to work through when considering having a learner use radioactive sources. All the criteria on this checklist must be met before the learner use can commence. In order for a learner to work with radioactive sources they must be aged 16 years or over **and** all those in the same room as the learner working with the radioactive sources must be aged 16 years or over. The learner must also be supervised, they must have received appropriate training and a separate risk assessment specific to this needs to be carried out. Again, an editable version of this checklist can be downloaded from the ionising radiation pages of our website [1]. By completing a checklist for each learner who works with radioactive sources, this will also provide a record of their training.



Figure 4 - Where to look on our Ionising Radiation web page.



References

- https://www.sserc.org.uk/health-safety/physics-healthsafety/ionising-radiation
- [2] https://www.sserc.org.uk/professional-learning/ secondary-clpl/health-safety-clpl/

Student Use Checklist

Work with radioactive sources should be restricted to teacher demonstration only when there are any under 16s in the same room. For a student to work with radioactive sources the following criteria must all have been satisfied. A checklist should be completed for each student who works with radioactive sources.

Checklist Item	Comments	Tick
Student is aged 16 years or over.		
All those in the same room as the student	Details of how this will be	
working with the radioactive sources are aged 16 years or over.	achieved/monitored should be documented here.	
The student has received appropriate training prior to using the radioactive sources.	Details of the training provided and by which member of staff should be documented here.	
A risk assessment specific to student use has been carried out prior to the student using the radioactive sources.	The risk assessment should accompany this checklist.	
The student is directly <u>supervised by an</u> appropriately trained member of staff at all times whilst using the radioactive sources.	Details of the staff providing supervision should be documented here.	

Figure 5 - Student use checklist.



The SSERC Bulletin is published by SSERC 1-3 Pitreavie Court South Pitreavie Business Park Dunfermline KY11 8UU Managing Editor: Alastair MacGregor Telephone 01383 626070 enquiries@sserc.scot www.sserc.scot

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